6. The method of claim 1 wherein the door is subsequently heated in an oven after the curing step is completed.

7. The method of claim 1 wherein the inner and outer door panels have a hinge attachment area and a striker hardware attachment area, and wherein during the super-plastic forming steps the hinge attachment areas and striker hardware attachment areas are not substantially thinned or stretched so as to reduce the strength of such areas.

8. The method of claim 7 wherein no reinforcement members are provided in the hinge attachment area and striker hardware attachment area.

9. The method of claim 1 wherein the hemming step is performed in a roll hemming operation.

10. The method of claim 1 further comprising applying an electro-coat layer to a majority of exterior surfaces of the inner and outer panels.

11. A method of making a vehicle door comprising:

super-plastic forming an inner door panel;

trimming the inner door panel;

super-plastic forming an outer door panel;

trimming the outer door panel;

positioning a first surface of the inner door panel against an inner surface of the outer door panel;

forming a peripheral flange on the outer door panel after positioning the inner door panel, the peripheral flange extending generally perpendicular to the outer door panel such that the peripheral flange does not overlap a second surface of the inner door panel disposed opposite the first surface;

applying a two-part adhesive only on the second surface of the inner door panel after forming the peripheral flange;

hemming the peripheral flange over the inner door panel after applying the two-part adhesive and adhering the peripheral flange to the inner door panel with the two-part adhesive; and

curing the two-part adhesive to lock the inner door panel and the outer door panel together.

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